

午膳訂餐餐單 (2025年3月) Lunch Order Form (Mar, 2025)

如欲訂購由午膳承辦商提供之午膳餐款 (每盒34元正) , 請於本月18號前填寫本訂購表; 如需退餐, 請每天8:15前通知校務處職員。

If you want to order the lunch meal provided by the lunch supplier (\$34 per box), please fill in the form before 18th of this month. If you need to cancel the meal, please inform the school office staff before 8:15 of the service day.



* 表示必填問題

電子郵件 *

提交回覆時記錄 作為我的電郵地址

3月3日 (3 Mar) *

- A. 照燒雞扒飯
- B. 椰菜花豬肉片飯
- C. 白汁蟹柳意粉
- D. 南瓜汁雜菜長通粉

- A. Teriyaki Chicken with Rice
- B. Cauliflower and Pork Slice with Rice
- C. Crab Stick in White Sauce with Spaghetti
- D. Assorted Vegetable in Pumpkin Sauce with Penne

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月4日 (4 Mar) *

- A. 粟米肉粒飯
- B. 燒汁鴨胸螺絲粉
- C. 咖喱肉丸意粉
- D. 茄汁雜菜飯

- A. Minced Pork in Corn Sauce with Rice
- B. Duck Breast in Roasted Sauce with Fusilli
- C. Curry Meatball with Spaghetti
- D. Assorted Vegetable in Tomato Sauce with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月5日 (5 Mar) *

- A. 腸仔炒蛋飯
- B. 蒜蓉汁豬柳飯
- C. 肉醬意粉
- D. 粉絲雲耳蒸豆腐飯

- A. Sausage and Fried Eggs with Rice
- B. Pork Fillet in Garlic Sauce with Rice
- C. Spaghetti Bolognese
- D. Steamed Tofu, Vermicelli and Cloud Ear Fungus with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月6日 (6 Mar) *

- A. 台式肉燥飯
- B. 咕嚕汁雞球飯
- C. 茄汁魚柳意粉
- D. 香草汁素肉丸蝴蝶粉

- A. Taiwanese Style Minced Pork with Rice
- B. Chicken Balls in Sweet and Sour Sauce with Rice
- C. Fish Fillet in Tomato Sauce with Spaghetti
- D. Vegetarian Meatballs in Vanilla Sauce with Farfalle

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月7日 (7 Mar) *

- A. 鮮茄雞絲飯
- B. 火腿炒蛋飯
- C. 燒汁豬柳意粉
- D. 雜菌燴長通粉

- A. Shredded Chicken in Fresh Tomato Sauce with Rice
- B. Scrambled Egg and Ham with Rice
- C. Pork Tenderloin in Roast Sauce with Spaghetti
- D. Stewed Assorted Mushrooms with Penne

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月10日 (10 Mar) *

- A. 粟米龍脷柳飯
- B. 雜菌焗雞柳飯
- C. 茄汁肉丸意粉
- D. 忌廉菠菜螺絲粉

- A. Sole Fish Tenderloin in Corn Sauce with Rice
- B. Baked Chicken Fillet and Assorted Mushrooms with Rice
- C. Meatballs in Tomato Sauce with Spaghetti
- D. Spinach in Cream Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月11日 (11 Mar) *

- A. 薯仔炆雞柳飯
- B. 蜜桃汁鴨胸蝴蝶粉
- C. 茄汁豬柳意粉
- D. 羅漢齋飯

- A. Stewed Chicken Fillet and Potato with Rice
- B. Duck Breast in Peach Sauce with Farfalle
- C. Pork Tenderloin in Tomato Sauce with Spaghetti
- D. Lo Han Vegetables with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月12日 (12 Mar) *

- A. 肉碎茄子飯
- B. 香草汁龍脷柳飯
- C. 茄汁雞柳螺絲粉
- D. 粟米汁雜菜意粉

- A. Eggplant and Minced Pork with Rice
- B. Sole Fish Fillet in Vanilla Sauce with Rice
- C. Chicken Fillet in Tomato Sauce with Fusilli
- D. Assorted Vegetables in Corn Sauce with Spaghetti

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月13日 (13 Mar) *

- A. 火腿蛋卷飯
- B. 照燒豬柳意粉
- C. 白汁海鮮長通粉
- D. 雜菇蒸豆腐飯

- A. Ham and Egg Roll with Rice
- B. Teriyaki Pork Tenderloin with Spaghetti
- C. Seafood in White Sauce with Penne
- D. Steamed Tofu and Assorted Mushrooms with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月14日 (14 Mar) *

- A. 洋葱汁肉片飯
- B. 焗冬菇雞肉飯
- C. 忌廉雞肉醬意粉
- D. 茄汁素肉丸螺絲粉

- A. Sliced Pork in Onion Sauce with Rice
- B. Baked Chicken and Cauliflower with Rice
- C. Minced Chicken in Cream Sauce with Spaghetti
- D. Vegetarian Meatballs in Tomato Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月17日 (17 Mar) *

- A. 粟米蒸肉餅飯
- B. 咖喱鴨胸蝴蝶粉
- C. 鮮茄龍脷柳意粉
- D. 雜菌蒸節瓜飯

- A. Steamed Corn Meatloaf with Rice
- B. Curry Duck Breast with Farfalle
- C. Sole Fish Fillet in Fresh Tomato Sauce with Spaghetti
- D. Steamed Zucchini and Assorted Mushrooms with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月18日 (18 Mar) *

- A. 照燒汁雞柳飯
- B. 洋葱汁豬柳飯
- C. 白汁海鮮意粉
- D. 南瓜汁雜菜螺絲粉

- A. Teriyaki Chicken Fillet with Rice
- B. Pork Tenderloin in Onion Sauce with Rice
- C. Seafood in White Sauce with Spaghetti
- D. Assorted Vegetables in Pumpkin Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月19日 (19 Mar) *

- A. 粟米肉粒飯
- B. 咖喱龍脷柳蝴蝶粉
- C. 咕嚕汁燴蝦意粉
- D. 雲耳蒸豆腐飯

- A. Minced Pork in Corn Sauce with Rice
- B. Curry Sole Fish Fillet with Farfalle
- C. Stewed Shrimp in Sweet and Sour Sauce with Spaghetti
- D. Steamed Tofu with Cloud Ear Fungus with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月20日 (20 Mar) *

- A. 白汁雞皇飯
- B. 燒汁豬柳飯
- C. 肉醬意粉
- D. 茄汁素肉丸貓朵粉

- A. Chicken in White Sauce with Rice
- B. Pork Tenderloin in Roasted Sauce with Rice
- C. Spaghetti Bolognese
- D. Vegetarian Meatballs in Tomato Sauce with Orecchiette

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月21日 (21 Mar) *

- A. 腸仔蛋卷飯
- B. 葡汁海鮮飯
- C. 茄汁雞柳長通粉
- D. 香草汁雜菜意粉

- A. Sausage Egg Roll with Rice
- B. Seafood in Portuguese Sauce with Rice
- C. Chicken in Tomato Sauce with Penne
- D. Assorted Vegetables in Herb Sauce with Spaghetti

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月24日 (24 Mar) *

- A. 台式肉燥飯
- B. 洋葱汁雞柳飯
- C. 雜菌海鮮長通粉
- D. 茄汁素肉丸意粉

- A. Taiwanese Style Minced Pork with Rice
- B. Chicken Fillet in Onion Sauce with Rice
- C. Seafood and Assorted Mushrooms with Penne
- D. Vegetarian Meatballs in Tomato Sauce with Spaghetti

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月25日 (25 Mar) *

- A. 冬菇蒸肉餅飯
- B. 燒汁鴨胸蝴蝶粉
- C. 白汁魚柳意粉
- D. 粟米蒸豆腐飯

- A. Steamed Mushroom Meatloaf with Rice
- B. Duck Breast in Roasted Sauce with Farfalle
- C. Sole Fish Fillet in White Sauce with Spaghetti
- D. Steamed Corn and Tofu with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月26日 (26 Mar) *

- A. 粟米汁魚柳飯
- B. 茄汁豬柳飯
- C. 香草汁雞柳意粉
- D. 南瓜汁菠菜長通粉

- A. Sole Fish Fillet in Corn Sauce with Rice
- B. Pork Tenderloin in Tomato Sauce with Rice
- C. Chicken Fillet in Herb Sauce with Spaghetti
- D. Spinach in Pumpkin Sauce with Penne

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月27日 (27 Mar) *

- A. 咕嚕雞球飯
- B. 洋葱汁肉片螺絲粉
- C. 茄汁鴨胸意粉
- D. 忌廉雜菌飯

- A. Sweet and Sour Chicken with Rice
- B. Sliced Pork in Onion Sauce with Fusilli
- C. Duck Breast in Tomato Sauce with Spaghetti
- D. Assorted Mushroom in Cream Sauce with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



3月28日 (28 Mar) *

- A. 焗冬菇雞飯
- B. 白汁焗魚柳飯
- C. 肉醬意粉
- D. 粉絲蒸娃娃菜飯

- A. Baked Chicken and Mushroom with Rice
- B. Baked Sole Fish Fillet in White Sauce with Rice
- C. Spaghetti Bolognese
- D. Steamed Baby Cabbage and Vermicelli with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

3月31日 (31 Mar) *

- A. 鮮茄雞絲飯
- B. 燒汁肉片貝殼粉
- C. 白汁蟹柳意粉
- D. 雲耳蒸豆腐飯

- A. Shredded Chicken in Fresh Tomato Sauce with Rice
- B. Sliced Pork in Roasted Sauce with Conchiglie
- C. Crab Stick in White Sauce with Spaghetti
- D. Steamed Tofu and Cloud Ear Fungus with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

您的回應副本將會透過電郵傳送到

