

午膳訂餐餐單 (2025年2月) Lunch Order Form (FEB, 2025)

如欲訂購由午膳承辦商提供之午膳餐款 (每盒34元正) , 請於本月16號前填寫本訂購表; 如需退餐, 請每天8:15前通知校務處職員。

If you want to order the lunch meal provided by the lunch supplier (\$34 per box), please fill in the form before 16th of this month. If you need to cancel the meal, please inform the school office staff before 8:15 of the service day.

cytse@crs.edu.hk [切換帳戶](#)



* 表示必填問題

電子郵件 *

在我的回覆中記錄以下電子郵件地址: cytse@crs.edu.hk

2月10日 (10 FEB) *

- A. 粟米肉餅飯
- B. 燒汁鴨胸螺絲粉
- C. 茄汁什腸意粉
- D. 雲耳蒸豆腐飯

- A. Corn Meat Loaf with Rice
- B. Duck Breast in Roast Sauce with Fusilli
- C. Assorted Sausages in Tomato Sauce with Spaghetti
- D. Steamed Tofu and Cloud Ear Fungus with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月11日 (11 FEB) *

- A. 鮮茄豬柳飯
- B. 蒜茸汁雞肉飯
- C. 香草汁龍脷柳意粉
- D. 忌廉菠菜蝴蝶粉

- A. Pork Tenderloin in Fresh Tomato Sauce with Rice
- B. Chicken in Garlic Sauce with Rice
- C. Sole Fish Fillet in Vanilla Sauce with Spaghetti
- D. Spinach in Cream Sauce with Farfalle

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月12日 (12 FEB) *

- A. 焗冬菇雞飯
- B. 火腿炒蛋飯
- C. 白汁海鮮意粉
- D. 茄汁雜菜螺絲粉

- A. Baked Chicken and Mushroom with Rice
- B. Scrambled Egg and Ham with Rice
- C. Assorted Seafood in White Sauce with Spaghetti
- D. Mixed Vegetables in Tomato Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月13日 (13 FEB) *

- A. 洋葱汁肉片飯
- B. 燒汁雞柳長通粉
- C. 白汁蝦仁意粉
- D. 粉絲蒸雜菜飯

- A. Sliced Pork in Onion Sauce with Rice
- B. Chicken Fillet in Roasted Sauce with Penne
- C. Shrimp in White Sauce with Spaghetti
- D. Steamed Mixed Vegetables and Vermicelli with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月14日 (14 FEB) *

- A. 咖喱雞飯
- B. 粟米龍脷柳飯
- C. 茄汁鴨胸意粉
- D. 南瓜汁素肉丸貝殼粉

- A. Curry Chicken with Rice
- B. Sole Fish Fillet in Corn Sauce with Rice
- C. Duck Breast in Tomato Sauce with Spaghetti
- D. Vegetarian Meatballs in Pumpkin Sauce with Conchiglioni

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月17日 (17 FEB) *

- A. 粟米肉粒飯
- B. 焗雜菌雞柳飯
- C. 燒汁豬柳意粉
- D. 忌廉雜菜螺絲粉

- A. Minced Pork in Corn Sauce with Rice
- B. Baked Chicken Fillet and Assorted Mushrooms with Rice
- C. Pork Tenderloin in Roasted Sauce with Spaghetti
- D. Mixed Vegetables in Cream Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月18日 (18 FEB) *

- A. 薯仔炆雞柳飯
- B. 蜜桃汁鴨胸蝴蝶粉
- C. 茄汁豬柳意粉
- D. 羅漢齋飯

- A. Stewed Chicken Fillet and Potato with Rice
- B. Duck Breast in Peach Sauce with Farfalle
- C. Pork Tenderloin in Tomato Sauce with Spaghetti
- D. Lo Han Vegetables with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月19日 (19 FEB) *

- A. 肉碎茄子飯
- B. 香草汁龍脷柳飯
- C. 茄汁雞柳意粉
- D. 粟米汁雜菜螺絲粉

- A. Eggplant and Minced Pork with Rice
- B. Sole Fish Fillet in Vanilla Sauce with Rice
- C. Chicken Fillet in Tomato Sauce with Spaghetti
- D. Mixed Vegetables in Corn Sauce with Fusilli

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月20日 (20 FEB) *

- A. 腸仔蛋卷飯
- B. 照燒豬柳長通粉
- C. 白汁海鮮意粉
- D. 雜菇蒸豆腐飯

- A. Sausage Egg Roll with Rice
- B. Teriyaki Pork Tenderloin with Penne
- C. Assorted Seafood in White Sauce with Spaghetti
- D. Steamed Tofu with Assorted Mushrooms with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月21日 (21 FEB) *

- A. 日式豬柳飯
- B. 西蘭花炒牛肉飯
- C. 忌廉雞肉醬意粉
- D. 茄汁素肉丸貓朵粉

- A. Japanese Style Pork Tenderloin with Rice
- B. Curry Chicken with Rice
- C. Minced Chicken in Cream Sauce with Spaghetti
- D. Vegetarian Meatballs in Tomato Sauce with Orecchiette

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月24日 (24 FEB) *

- A. 冬菇蒸肉餅飯
- B. 咖喱鴨胸蝴蝶粉
- C. 鮮茄龍脷柳意粉
- D. 雜菌蒸節瓜飯

- A. Steamed Mushroom Meat Loaf with Rice
- B. Curry Duck Breast with Farfalle
- C. Sole Fish Fillet in Fresh Tomato Sauce with Spaghetti
- D. Steamed Zucchini and Assorted Mushrooms with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月25日 (25 FEB) *

- A. 照燒豬柳飯
- B. 燒汁雞柳飯
- C. 白汁海鮮意粉
- D. 南瓜汁雜菜貝殼粉

- A. Teriyaki Pork Tenderloin with Rice
- B. Chicken Fillet in Roasted Sauce with Rice
- C. Assorted Seafood in White Sauce with Spaghetti
- D. Mixed Vegetables in Pumpkin Sauce with Conchiglioni

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月26日 (26 FEB) *

- A. 咕嚕雞球飯
- B. 咖喱豬柳螺絲粉
- C. 忌廉龍脷柳意粉
- D. 豆腐蒸粉絲飯

- A. Sweet and Sour Chicken Balls with Rice
- B. Curry Pork Tenderloin with Fusilli
- C. Sole Fish Fillet in Cream Sauce with Spaghetti
- D. Steamed Vermicelli and Tofu with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



2月27日 (27 FEB) *

- A. 白汁雞皇飯
- B. 火腿炒蛋飯
- C. 肉醬意粉
- D. 茄汁素肉丸通粉

- A. Chicken Fillet in White Sauce with Rice
- B. Scrambled Egg and Ham with Rice
- C. Spaghetti Bolognese
- D. Vegetarian Meatballs in Tomato Sauce with Penne

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

2月28日 (28 FEB) *

- A. 燒汁豬柳飯
- B. 葡汁海鮮飯
- C. 茄汁雞柳長通粉
- D. 香草汁雜菜意粉

- A. Pork Tenderloin in Roasted Sauce with Rice
- B. Assorted Seafood in Portuguese sauce with Rice
- C. Chicken Fillet in Tomato Sauce with Penne
- D. Mixed vegetables in Vanilla Sauce with Spaghetti

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

提交

清除表單

這份表單是在 Caritas Resurrection School 中建立。
Does this form look suspicious? [報告](#)

Google 表單



