

# 午膳訂餐餐單 (2024年11月) Lunch Order Form (NOV, 2024)

如欲訂購由午膳承辦商提供之午膳餐款 (每盒34元正) , 請於本月18號前填寫本訂購表, 如需退餐, 請每天8:15前通知校務處職員。

If you want to order the lunch meal provided by the lunch supplier (\$34 per box), please fill in the form before 18th of this month. If you need to cancel the meal, please inform the school office staff before 8:15 of the service day.

 已儲存草稿

\* 表示必填問題

電子郵件 \*

在我的回覆中記錄以下電子郵件地址: [cytse@crs.edu.hk](mailto:cytse@crs.edu.hk)

11月1日 (1 NOV) \*

- A. 照燒雞飯
- B. 葡汁豬柳長通粉
- C. 香草蟹柳意粉
- D. 節瓜粉絲豆腐飯

- A. Teriyaki Chicken with Rice
- B. Penne with Pork Tenderloin in Portuguese Sauce
- C. Spaghetti with Herb Sauce and Crabmeat
- D. Vermicelli and Tofu with Zucchini on Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月4日 (4 NOV) \*

- A. 粟米肉餅飯
- B. 燒汁鴨胸螺絲粉
- C. 茄汁什腸意粉
- D. 雲耳蒸豆腐飯

- A. Corn Meat Loaf with Corn on Rice
- B. Fusilli with Duck Breast in Roast Sauce
- C. Spaghetti with Sausage in Tomato Sauce
- D. Steamed Tofu with Cloud Ear Fungus on rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月5日 (5 NOV) \*

- A. 鮮茄豬柳飯
- B. 蒜茸汁牛肉飯
- C. 香草龍脷柳意粉
- D. 忌廉菠菜蝴蝶粉

- A. Pork Tenderloin with Fresh Tomato Sauce on Rice
- B. Beef with Garlic Sauce on Rice
- C. Spaghetti with Sole Fish Fillet in Vanilla Sauce
- D. Spinach with Farfalle in Cream Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月6日 (6 NOV) \*

- A. 冬菇蒸雞飯
- B. 腸仔炒蛋飯
- C. 白汁海鮮意粉
- D. 茄汁雜菜螺絲粉

- A. Steamed Chicken and Mushroom with Rice
- B. Scrambled Egg with Sausage on Rice
- C. Spaghetti with Seafood in White Sauce
- D. Fusilli with Assorted Vegetables in Tomato Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月7日 (7 NOV) \*

- A. 洋葱汁豬柳飯
- B. 燒汁牛肉長通粉
- C. 豬肉醬意粉
- D. 粉絲蒸雜菜飯

- A. Pork Tenderloin with Rice in Onion Sauce
- B. Beef with Penne in Barbecue Sauce
- C. Spaghetti Bolognese
- D. Steamed Assorted Vegetable with Vermicelli on Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月8日 (8 NOV) \*

- A. 咖喱雞球飯
- B. 粟米龍脷柳飯
- C. 茄汁鴨胸意粉
- D. 白汁素肉丸貝殼粉

- A. Curry Chicken Balls with Rice
- B. Sole Fish Fillet with Rice in Corn Sauce
- C. Spaghetti with Duck Breast in Tomato Sauce
- D. Conchiglie with Vegetarian Meatballs in White Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月11日 (11 NOV) \*

- A. 粟米肉粒飯
- B. 雜菌蒸雞柳飯
- C. 蒜蓉汁牛肉意粉
- D. 忌廉雜菜螺絲粉

- A. Minced Pork in Corn Sauce with Rice
- B. Steamed Chicken Fillet with Assorted Mushrooms with Rice
- C. Beef Spaghetti with Garlic Sauce
- D. Fusilli with Assorted Vegetables in Cream Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月12日 (12 NOV) \*

- A. 薯仔炆雞柳飯
- B. 蜜桃汁鴨胸蝴蝶粉
- C. 茄汁豬柳意粉
- D. 羅漢齋飯

- A. Stewed Chicken Fillet and Potato with Rice
- B. Farfalle with Duck Breast Pasta in Peach Sauce
- C. Spaghetti with Pork Tenderloin in Tomato Sauce
- D. Mixed Vegetables with Rice

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月13日 (13 NOV) \*

- A. 肉碎茄子飯
- B. 香草汁龍脷柳意粉
- C. 茄汁雞柳飯
- D. 粟米汁雜菜螺絲粉

- A. Eggplant with Minced Pork with Rice
- B. Spaghetti with Sole Fish Fillet in Vanilla Sauce
- C. Chicken Fillet with Rice in Tomato Sauce
- D. Fusilli with Assorted Vegetables in Corn Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月14日 (14 NOV) \*

- A. 火腿蛋卷飯
- B. 照燒牛肉意粉
- C. 白汁海鮮長通粉
- D. 雜菇蒸豆腐飯

- A. Ham and Egg Roll With Rice
- B. Teriyaki Beef with Spaghetti
- C. Penne with Seafood in White Sauce
- D. Steamed Tofu with Rice and Assorted Mushrooms

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月15日 (15 NOV) \*

- A. 日式叉燒飯
- B. 冬菇蒸牛肉飯
- C. 忌廉雞肉醬意粉
- D. 茄汁素肉丸螺絲粉

- A. Japanese Style Barbecued Pork with Rice
- B. Steamed Beef and Mushroom with Rice
- C. Spaghetti with Creamy Chicken Sauce
- D. Fusilli with Vegetarian Meatballs in Tomato Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月18日 (18 NOV) \*

- A. 冬菇蒸肉餅飯
- B. 咖喱鴨胸蝴蝶粉
- C. 鮮茄龍脷柳意粉
- D. 雜菌蒸節瓜飯

- A. Steamed Mushroom and Meatloaf with Rice
- B. Curry Duck Breast with Farfalle
- C. Spaghetti with Sole Fish Fillet in Fresh Tomato Sauce
- D. Steamed Zucchini with Rice and Assorted Mushrooms

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

11月19日 (19 NOV) \*

- A. 照燒豬柳飯
- B. 燒汁牛肉飯
- C. 白汁海鮮意粉
- D. 南瓜汁雜菜貝殼粉

- A. Teriyaki Pork Tenderloin with Rice
- B. Beef with Roasted Sauce with Rice
- C. Spaghetti with Seafood in White Sauce
- D. Assorted Vegetables with Conchiglie in Pumpkin Sauce

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



11月26日 (26 NOV) \*

- A. 冬菇蒸肉餅飯
- B. 燒汁牛肉蝴蝶粉
- C. 白汁魚柳意粉
- D. 粟米蒸豆腐飯

- A. Steamed Mushroom Meatloaf with Rice
- B. Farfalle with Beef in Roasted Sauce
- C. Spaghetti with Fish Fillet in White Sauce
- D. Steamed Corn and Tofu with Rice

A

B

C

D

是日不訂午餐 No Meal Order on This Day

11月27日 (27 NOV) \*

- A. 餐肉炒蛋飯
- B. 茄汁海鮮飯
- C. 香草汁雞柳意粉
- D. 南瓜汁菠菜長通粉

- A. Rice with Scrambled Egg and Luncheon Meat
- B. Rice with Seafood in Tomato Sauce
- C. Spaghetti with Chicken Fillet in Herb Sauce
- D. Spinach Penne with Pumpkin Sauce

A

B

C

D

是日不訂午餐 No Meal Order on This Day





11月28日 (28 NOV) \*

- A. 咕嚕魚柳飯
- B. 蒜蓉汁牛肉意粉
- C. 蜜桃汁鴨胸蝴蝶粉
- D. 忌廉雜菌飯

- A. Sweet and Sour Sauced Fish Fillet with Rice
- B. Spaghetti with Beef in Garlic Sauce
- C. Farfalle with Duck Breast in Peach Sauce
- D. Assorted Mushroom with Rice in Cream Sauce

A

B

C

D

是日不訂午餐 No Meal Order on This Day

11月29日 (29 NOV) \*

- A. 冬菇蒸雞飯
- B. 粟米肉粒飯
- C. 白汁大蝦意粉
- D. 粉絲蒸娃娃菜飯

- A. Steamed Chicken with Mushroom on Rice
- B. Minced Pork in Corn Sauce with Rice
- C. Spaghetti with Prawns in White Sauce
- D. Steamed Baby Cabbage with Rice and Vermicelli

A

B

C

D

是日不訂午餐 No Meal Order on This Day



提交

清除表單

這份表單是在 Caritas Resurrection School 中建立。 [檢舉濫用情形](#)

Google 表單



